



Coffee

IN HOUSE ROASTING!

Latte sml 4 / lrg 4.7
Flat White sml 4 / lrg 4.7
Long Black sml 4 / lrg 4.7
Cappuccino sml 4 / lrg 4.7
Mocha sml 4 / lrg 4.7
Espresso / Ristretto / Piccolo / Macchiato 3.7
Soy milk / almond milk / oat milk / lactose-free milk /
extra shot / decaf / vanilla / hazelnut / caramel 0.5

Roasted coffee beans/ground

250gr 10
500gr 20
1kg 40

Other drinks

Babyccino 1.5
Chai latte sml 4 / lrg 4.7
Turmeric spiced latte sml 4.5 / lrg 5
Matcha latte sml 4.5 / lrg 5
Hot chocolate sml 4 / lrg 4.7

Teas & infusions

English Breakfast, Earl Grey, Jasmin 4
Masala Chai 4.7
Digestif - lavender, fennel seeds, peppermint &
spearmint 4
Chamomile, lavender & rosebuds 4
Hot orange - fresh orange, cinnamon stick,
sultanas & honey 4.7
Fresh lemon, ginger & honey 4.7

Freshly Squeezed Juices

MAKE YOUR COMBO 8.5

Orange, Apple, Celery, Kale, Carrot, Mint, Watermelon, Ginger,
Cucumber, Lemon, Beetroot, Pear, Pineapple.

VISION - carrot, orange, ginger.

THIRST QUENCHER - watermelon, lemon, orange.

GODDESS - cucumber, apple, celery.

BLEMISH BETTER - apple, celery, carrot, beetroot.

GREENGO - kale, apple, lemon, cucumber.

DR DETOX - carrot, apple, beetroot, ginger.

REBOOT - orange, lemon, pineapple, celery.

FLU FIGHTER - carrot, apple, pear, ginger.

IMMUNE BOOSTER - kale, spinach, beetroot, apple.

BRAINIAC - pear, spinach, lemon, ginger, mint.

Kids size only for apple, orange and/or watermelon 5.5

Smoothies

Super green - Kale, spinach, celery, apple, banana, spirulina & honey 9
Mixed berries - full cream milk, yoghurt and honey 7.5 - Kids size 5.5
Banana - full cream milk, yoghurt and honey 7.5 - Kids size 5.5
Acai - blended with banana and watermelon 9.5 - Kids size 7
Jono's special - banana, almond milk, date syrup & tahini 9
Dirty paniolo - banana, coffee shot, cacao powder, dates, peanut
butter & almond milk 9
Add protein to any smoothie 2

Milkshakes

Coffee 8
Chocolate 7.5
Vanilla 7.5
Oreo 8.5

Sweets

Halva brownie 6
Baked cheesecake 6
Tart Tartin (Apple tart) 6

Pastries

Babka Cinnamon / Nutella 4.5
Plain croissant 4 with jam 5
Muffins 4.5
Banana bread 5

All Day

BREKKIE BAGUETTE - Two fried eggs, aioli, baby spinach, roasted tomato & crispy bacon **10.9**

WINTER PORRIDGE - Sprouted quinoa & oat porridge served with seasonal fruits, cinnamon & honey **10.9**

Option of almond / soy / oat milk + \$1

TOAST - Sourdough / Multigrain / Rye / GF +1 Served with two options of your choice: butter, vegemite, homemade jam, honey, Nutella, peanut butter **6** (avocado + \$1)

CROQUE MONSIEUR - Ham, cheese & tomato toasted croissant **6.5**

ZAATAR EGGS - Two fried eggs over easy on Sourdough toast, labneh, grilled halloumi, tomato, cucumber & roast capsicum **17.9**

SHAKSHUKA - Two eggs poached in a homemade spicy tomato & capsicum relish served with Pita bread **15.9**

BOUREKAS - Two cheeses or feta & spinach **7**

Bagels Toasted (Bageleh)

Ham, cheese & tomato **7.5**

Feta, pesto, spinach, roasted eggplant, kalamata olives & roasted capsicum **9.5**

Smoked salmon, Philly cream cheese, tomato, rocket & capers **9.5**

Tuna Melt, olive tapenade, Swiss cheese, tomato, aioli & pickled cucumber **9.5**

Baguettes / Pita

Our baguettes are freshly baked in house. Choice of white (reg/sml) wholemeal (reg only). Pita bread white/wholemeal (sml only).

MEATBALLS - Moroccan beef meatballs with lettuce, cucumber, hummus & pickled red cabbage **14.9** reg / **11.9** sml

CHICKEN SCHNITZEL - Lettuce, cucumber, rocket, tomato, aioli & pickled cucumber **14.9** reg / **11.9** sml

CHICKEN SHAWARMA - Hummus, zchoug (chilli), lettuce, Israeli salad, chilli, pickles & tahini **14.9** reg / **11.9** sml

CHICKEN CHERMOULAH - Hummus, zchoug (chilli), lettuce, rocket, tomato & cucumber **14.9** reg / **11.9** sml

LAMB - Slow cooked tender lamb, hummus, lettuce, rocket, baby spinach & roasted tomato **18.9** reg / **13.9** sml

TUNA - Tuna, olive tapenade, roasted capsicum, lettuce, tomato, aioli & pickled cucumber **14.9** reg / **11.9** sml

SMOKED SALMON - Cream cheese, tomato, lettuce, rocket & crispy capers **16.9** reg / **12.9** sml

MOZZARELLA - Roasted eggplant, tomato, rocket, pesto & Kalamata olives **16.9** reg / **12.9** sml

FALAFEL - Hummus, zchoug (chilli), tahini, lettuce, Israeli salad & pickles **14.9** reg / **11.9** sml

Salads

Step 1:

ISRAELI SALAD - finely diced Lebanese cucumber, tomato, onion, shredded cos lettuce, dressed in fresh lemon & olive oil.

OR

GREEN SPROUTED QUINOA - baby spinach, kale, red cabbage, shaved broccoli, roasted brussel sprouts, zucchini, pepitas, sunflower seeds, Spanish onion, dressed with date syrup vinaigrette.

Step 2:

Moroccan Meatballs 17.9

Tuna 17.9

Smoked Salmon 18.9

Chicken Schnitzel 17.9

Chicken Chermoulah 17.9

Chicken Shawarma 17.9

Lamb 19.9

Two boiled eggs 17.9

Grilled Haloumi 17.9

Mozzarella 18.9

Hummus Bowl

Homemade hummus served with pita bread

Original - Tahini, toasted pinenuts & olive oil **11.9**

Moroccan Meatballs - Classic slow-cooked Moroccan style **14.9**

Chicken Shawarma - Grilled & juicy in a secret blend of spices **14.9**

Lamb - Slow cooked tender lamb **18.9**

Falafel - Crispy deep-fried Chickpea & green herb classics **14.9**

Mushroom - Warm sauteed creamy mushrooms **14.9**

Jono's Deli - Hummus

Homemade hummus takeaway tubs

250 grams - **6**

500 grams - **11**

Sides & Additions

Tahini **2**
Hummus **2**
Extra Egg **3**
Bacon **4**
Avocado **4**

Grilled Haloumi **5**
Feta **4**
Sauteed Spinach **3**
Falafel (6pieces) **8**

Fries **6.5**
Smoked Salmon **5**
Pita Bread **2**
Side Israeli or Quinoa Salad **6.5**

